

20 Minute Hold Sheet

	List First Hold					List Second Hold					List Third Hold or CRI Times					Finish Times	
	Rider # ↓	Time In	10m PR Time	10 Min Penalty		20 Min Release	Rider # ↓	Time In	10m PR Time		10 Min Penalty	20 Min Release	Rider # ↓	Time In			10m PR Time
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20 Minute Hold Sheet

	List First Hold				List Second Hold					List Third Hold or CRI Times					List Finish Times		
	Rider # ↓	Time In	10m PR Time	10 Min Penalty	20 Min Release	Rider # ↓	Time In	10m PR Time	10 Min Penalty	20 Min Release	Rider # ↓	Time In	10m PR Time	10 Min Penalty		20 Min Release	Rider # ↓
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